

FOR IMMEDIATE RELEASE



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SUSAN G. KOMEN® ORANGE COUNTY SUGGESTS NON-SYMPTOMATIC WOMEN DELAY ROUTINE BREAST CANCER SCREENING TO MINIMIZE EXPOSURE AND FREE UP NEEDED HEALTHCARE CAPACITY THIS SPRING

Organization's Toll Free Breast Care Helpline Available to Answer Questions, Guide People to Needed Resources During Period of Self-Distancing

IRVINE, Calif., (March 23, 2020) - Susan G. Komen® Orange County, the second largest Komen affiliate in the nation, encourages healthy women of average risk delay routine breast cancer screenings until later this year. The national organization stressed that people who are [displaying warning signs](#) for breast cancer should contact their health provider to determine their need for diagnostic imaging. Komen made the recommendation to minimize exposure to and potential spreading of COVID-19 and to help support the health care systems.

"As our local health care systems feel the impact of COVID-19, we encourage everyone to support our health care providers as they focus on those most in need of care, including our most vulnerable community members. While we encourage doctors to delay routine screenings for healthy people who are not displaying warning signs of breast cancer, we know that even during times of crisis, breast cancer does not cease. It is critically important for people to know what is normal for them and contact their health care provider if they notice any abnormalities," said Megan Klink, CEO, Susan G. Komen Orange County. "We continue to work closely with our community partners every day to ensure men and women in Orange County have the resources and treatment they need to care for their whole health. We are in this together."

The warning signs for breast cancer are not the same for all women. The most common signs are changes to the look or feel of the breast. To learn more about the [warning signs](#), visit komenoc.org and visit a doctor if any changes in your breast occur.

Komen also reminds the public that its Breast Care Helpline is continuing to operate, providing an important resource for women and men who cannot get in to see a health care provider in person. The helpline can provide information, social support and help with coping strategies related to anxiety or concerns during these uncertain times. Calls to the helpline are answered by a trained and caring staff member in English or Spanish, Monday through Friday from 9:00 a.m. to 10:00 p.m. ET. You can reach the helpline by phone at 1-877-GO-KOMEN (465-6636), or by email at helpline@komen.org

About Susan G. Komen®

Susan G. Komen® is the world's leading nonprofit breast cancer organization, working to save lives and end breast cancer forever. Komen has an unmatched, comprehensive 360-degree approach to fighting this disease across all fronts and supporting millions of people in the U.S. and in countries worldwide. We advocate for patients, drive research breakthroughs, improve access to high-quality care, offer direct patient support and empower people with trustworthy information. Founded by Nancy G. Brinker, who

promised her sister, Susan G. Komen, that she would end the disease that claimed Suzy's life, Komen remains committed to supporting those affected by breast cancer today, while tirelessly searching for tomorrow's cures.

About Susan G. Komen® Orange County

Komen Orange County is helping fuel research, advocate for patients and support people facing breast cancer locally through a variety of direct patient-centered services and by collaborating with area providers to remove barriers and connect people to needed care across the county. For more information, call 714-957-9157 or visit komenoc.org

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